CITY OF RIALTO

FY 2026-2027

CDBG PUBLIC SERVICES APPLICATION

City of Rialto

Parks, Recreation, and Community Services Department

Paddleboard Yoga

I. APPLICANT AND PROJECT/ACTIVITY INFORMATION

Legal Name of Organization/Agency	City of Rialto- Parks, Recreation & Community Services
Program/Activity Title	Paddleboard Yoga
Program Physical Address	1243 S. Riverside Ave.
City, State, ZIP	Rialto, CA, 92376
Name of Applicant Contact	Christian Garcia
Title	Recreation Programmer
Mailing Address	1243 S. Riverside Ave.
City, State, ZIP	Rialto, CA, 92376
Email	cgarcia@rialtoca.gov
Phone	909.820.2624
Will the proposed project provide services on-site in Rialto?	☑ Yes ☐ No

Type of Organization	☐ Non-Profit ■ Government ☐ For-Profit
Tax ID	95-6000768
Are you a Women owned, or a majority Women operated organization?	☐ Yes ■ No ☐ Decline to state
Are you a Minority owned, or a majority Minority operated organization?	☐ Yes ■ No ☐ Decline to state
If yes, please select which category or categories is most applicable.	☐ White ☐ Black/ African American ☐ Asian ☐ American Indian/ Alaskan Native ☐ Asian & White ☐ Black African American & White ☐ Other
Agency UEI Number	
Name of Workers' Compensation Insurance (Government exempt)	
Coverage Amount ($)	
Expiration Date	
Name of General Liability and Property Damage Insurance (Government exempt)	
Coverage Amount ($)	
Expiration Date	

Amount of CDBG Funds Requested ($)	$8,000	
Total Number of Rialto individuals to be served	50 persons	
Type of Beneficiary (select one)	■ Persons	☐ Households
Groups that the Program/Activity will Serve (Check all that apply)	■ Youth ■ Adults ■ Seniors ☐ Homeless Persons ☐ Disabled Persons ☐ Battered Spouses	☐ Abused/Neglected Children ☐ Households ■ Community ☐ Housing Units ☐ Public Facilities ☐ Businesses

II. CDBG ELIGIBILITY

CDBG Eligible Activity Categories Please choose the CDBG Eligible Activity Category for your proposed project.	▣ **Public Service.** Improves community public services and facilities, including but not limited to those concerned with employment, fair housing and homeownership, homelessness, crime prevention, childcare, health, drug abuse, education or recreational needs. ☐ **Public Facilities/Improvements** ☐ **Housing/Special Activities by Subrecipients** ☐ **Economic Development** ☐ **Acquisition and/or rehabilitation of real property** ☐ **Other.** Click to specify
CDBG National Objective Compliance Your proposed project/activity must meet at least one of HUD's CDBG National Objectives. Please check only one category under which the project best qualifies.	▣ Benefits Low and Moderate Income (LMI) Individuals/Households. ☐ Addresses the prevention or elimination of slums or blight.
Meetings National Objectives Check one statements that describe how your proposed project/activity meets one of the National Objectives above:	▣ **Low/Moderate Area Benefit** – The project serves only a limited area which is proven by current Census data or survey to be a low-income area. By choosing this category you must be able to prove your project/activity primarily benefits low/moderate income households. ☐ **Low/Moderate Limited Clientele** – The project/activity benefits a specific group of people (rather than all areas in a particular area), at least 51% of whom are low/moderate income persons. Income verification for clients must be provided for this category. The following groups are presumed to be low/moderate: abused children, elderly persons (62 or older), battered spouses, homeless persons, adults meeting the Census definition of severely disabled, illiterate adults, persons living with AIDS and migrant farm workers. ☐ **Slum or Blight on an Area Basis** – Area basis activities must be within an officially designated area as defined under State or local law, and addresses one or more of the conditions that contributed to the deterioration of the area.

III. PROJECT NARRATIVE

PROJECT/PROGRAM DESCRIPTION

Provide a brief description of the service, activity, or project that you plan to carry out with the requested funds.

Paddleboard Yoga is an inclusive, low-impact wellness program that integrates foundational yoga practices with stand-up paddleboarding in a calm, controlled water environment. The program is designed to promote physical activity, mindfulness, and overall well-being by guiding participants through adapted yoga poses while seated, kneeling, or standing on stable paddleboards. This unique aquatic setting introduces a gentle balance challenge that enhances core strength, coordination, flexibility, and concentration, while remaining accessible and safe for beginners and individuals of varying fitness levels. Instruction will be provided by trained staff or certified instructors who will lead structured sessions focused on proper technique, breathing, posture, and safety. All necessary equipment, including paddleboards, personal flotation devices, and safety supports, will be provided to participants to eliminate financial barriers to participation. Sessions will be conducted in designated calm-water areas with appropriate supervision and safety protocols in place. The program supports both physical and mental health outcomes by encouraging regular movement, reducing

COMMUNITY NEED

Does your proposed project or activity address a current gap in community service or needs?

Yes. The proposed Paddleboard Yoga program addresses a current gap in accessible, affordable wellness and preventative health programming within the community. While traditional fitness and yoga classes exist, opportunities for residents, particularly low- to moderate-income individuals and seniors, to engage in outdoor, water-based wellness activities are limited. This program offers a unique, low-impact form of exercise that promotes balance, core strength, flexibility, stress reduction, and overall well-being in a safe, inclusive setting. By offering Paddleboard Yoga at reduced or no cost through CDBG funding, the program removes financial barriers, increases participation in health-promoting recreational activities, and responds to the community's need for innovative, accessible wellness options suitable for participants of all ages, including seniors.

BENEFIT

Explain how the project or program benefits low-income individuals.

The Paddleboard Yoga program benefits low-income individuals by providing access to a low-cost or no-cost wellness and physical activity opportunity that would otherwise be financially out of reach. Specialized equipment, facility access, and professional instruction are typically cost-prohibitive; CDBG funding removes these barriers, ensuring equitable participation for all community members. The program promotes physical health, mental well-being, and stress reduction through a low-impact activity that is adaptable for beginners and participants of varying fitness levels. By offering sessions in a safe, inclusive, and local outdoor environment, low-income participants gain access to preventative health and recreational services that support long-term wellness, foster community engagement, and improve overall quality of life.

COLLABORATION

Has your organization/agency developed this project in collaboration with other groups/organizations? If so, please list the groups/organizations and describe their roles in this project.

At this time, the Paddleboard Yoga program has not been developed in collaboration with external organizations. The program will be planned, implemented, and managed by the City's Parks and Recreation staff, utilizing existing facilities, operational oversight, and contracted or certified instructors to ensure safe and effective delivery. While the initial implementation is City-led, there are opportunities to collaborate with community organizations, wellness centers, or local health partners in the future to expand outreach, enhance programming, and increase participation among low- to moderate-income residents. These potential partnerships could provide additional expertise, support, and promotional channels to strengthen program impact further.

SIMILAR RESOURCES

Is a similar service provided by another agency/organization? If so, how will your program/activity differ?

No. There are currently no similar Paddleboard Yoga programs offered by local agencies or organizations in the surrounding communities. This activity is not available through existing municipal recreation departments, community centers, or affordable wellness providers in the region. The proposed Paddleboard Yoga program is unique in integrating water-based recreation with accessible, instructor-led wellness programming in a public setting. By offering the program at low or no cost through CDBG funding, it addresses an unmet need. It provides an innovative recreational and preventative health opportunity for community members, particularly low-income individuals, who would not otherwise have access to this type of program.

OUTREACH

Discuss outreach efforts for the proposed service/activity/project.

Outreach for the proposed Paddleboard Yoga program will focus on engaging low- to moderate-income residents through a combination of direct, digital, and community-based strategies. Promotion will include flyers and signage at City-operated facilities such as community centers, parks, and aquatic locations, as well as other public spaces frequented by residents. Additional outreach will utilize the City's social media platforms, website, and email newsletters to maximize visibility and community awareness. Staff will also collaborate with local schools, community organizations, and service providers to share program information directly with residents who may benefit most. Messaging will emphasize affordability, beginner-friendly instruction, and limited enrollment to encourage participation, reduce barriers, and ensure equitable access to this innovative wellness opportunity.

PERFORMANCE SCHEDULE

Provide a work plan for the implementation and completion of services and activities to meet your goals during the fiscal year. Identify activities and completion dates below.

Milestone	Start Date	Completion Date
Program Planning & Scheduling	When Funding awarded	Month 1
Instructor Procurement		Month 1
Outreach & Promotion		Month 2
Program Implementation		Month 3+

OTHER SOURCES OF FUNDS

List all other funding sources that will be used to undertake the proposed project/program and status of each source.

Source Name	Committed or Pending	Fund Amount ($)	Current Status
City of Rialto	Committed	$3,500	

IV. PUBLIC SERVICE BUDGET

The use of CDBG funds should be in direct relation to the scope of work. The funds requested through CDBG should be utilized to provide a direct benefit or service to low or moderate-income residents of the City of Rialto. Adequate documentation must be provided by the organization to support the costs associated with the services provided. For Personnel Costs, salaries, and fringe benefits charged to the CDBG program activity, a reimbursement request should include a copy of the timesheet, activity log, and proof of payment, such as a copy of the employee paycheck, canceled check, or payroll journal. The timesheet must reflect the hours charged to the CDBG activity for each employee. Percentage allocation is allowed but must be approved by the City, in advance. It should be noted that vacation and sick time are not reimbursable for staff who do not work full-time on the CDBG program activity.

Operating costs such as office supplies, equipment, printing, rent/lease, utilities, insurance, and telephone are allowed, provided they are related to the CDBG program activity. For rent/lease reimbursement, a copy of the rental/lease agreement should be submitted with the first invoice, and any updated agreements should be submitted thereafter. All reimbursement requests must include a copy of the invoice/statement/bills, including summary pages with detailed expenses outlined and proof of payment, such as a copy of the canceled check, bank, or credit card statement.

The City has the right to request additional documentation needed to determine reimbursement eligibility to comply with CDBG. Any changes to the budget must be approved by the City through a budget amendment.

PROPOSED PUBLIC SERVICE BUDGET

Scope of work and use of CDBG funds must be directly related. The CDBG funds requested must be used to provide a direct benefit/service to low- or moderate-income residents of the City of Rialto. Proof of income eligibility and current residence must be acquired from all recipients. Adequate documentation must also be provided by the Agency to support costs associated with the services provided. This includes such support as timesheets to demonstrate the amount of time spent on each service, cancelled checks to demonstrate payment, client intake forms to demonstrate who received the service and any other documentation deemed necessary to show a direct correlation between the service provided and the costs associated with them.

Please use the following format to present your proposed line-item budget:

Column A: List all items for which you anticipate the need for CDBG funds during FY 2026-2027.
Column B: Provide the projected request for CDBG funds.
Column C: Provide the total of other funds to be used.
Column D: List other funding sources. Projects relying solely on CDBG funds are INELGIBLE.
Column E: List the total budget for each line item. Please round your request to the nearest ten.

Column A	Column B	Column C	Column D	Column E
BUDGET ITEM	**CDBG REQUEST ($)**	**OTHER SOURCES ($)**	**NAMES OF OTHER SOURCES**	**TOTAL BUDGET ($)**
PERSONNEL *				
Instructor Certification		$2,000	City of Rialto	$2,000
Marketing		$500	City of Rialto	$500
Storage		$1,000	City of Rialto	$1,000
Total Personnel:				
Non-Personnel				
Rent/Lease (Program Only)				
Supplies				
Utilities				
Equipment	$8,000			$8,000
Services				
Printing				
Admission/Enrollment				
Other:				
Other:				
Other:				
Other:				
Other:				
Other:				
Total Non-Personnel:	$8,000			$8,000
TOTAL PROJECT BUDGET:	$8,000	$3,500	City of Rialto	$11,500

*Personnel – If utilizing percentage of allocation, complete the following table.

***CDBG-FUNDED PERSONNEL- PERCENTAGE OF ALLOCATION**

☐ Check this box if not using percentage of allocation.

<u>Any changes to the percentage of allocation must be approved by the City through a budget amendment.</u>

Name & Job Titles	Salary/ Hourly	Time Position is Dedicated to CDBG Activity (%)	CDBG Budget Amount

KEY PERSONNEL DUTIES

Provide a list of the duties of key personnel listed above.

Job Title	Duties
Fitness Instructor	Provides instruction to patrons during the group exercise class.
Lifeguards	Ensure the safety of patrons participating in the group exercise class.

COST RATIONALE

If you consider it necessary, explain why your program/activity costs are reasonable.

The proposed program/activity costs are reasonable and necessary to successfully implement a safe, high-quality Paddleboard Yoga program. Costs are limited to essential items, including certified instructor services, required equipment, safety gear, outreach materials, and basic program administration.

All expenses are consistent with market rates for similar recreational and wellness programming and reflect cost-efficient use of public funds. Wherever possible, the program leverages existing City facilities, staff oversight, and in-kind resources to minimize expenses. By investing in preventative health and low-impact recreation, the program provides measurable community benefit while maintaining responsible and sustainable use of CDBG funding.

PROGRAM CHANGES

If you received CDBG funding last year, has there been an increase in service that you will provide during FY 2026-2027? Explain why there is a new demand or an unmet need in the community for this service.

We did not receive CDBG funding last year and are submitting an application as a new applicant for FY 2026 2027. While we have not previously received CDBG support, there is a demonstrated need in our community for the services we plan to provide. Local assessments and community feedback indicate [briefly describe the specific unmet need. By securing CDBG funding, we will be able to expand capacity and reach more residents who are currently underserved, addressing this unmet need and improving community well-being. The demand for these services is growing due to [state reason, e.g., population growth, economic challenges, or gaps in existing programs], making this funding essential to meet the needs of our community.

IMPACT OF NO CDBG FUNDING

Describe the effect of partial or no CDBG funding on your project/activity.

Partial or no CDBG funding would significantly limit the scope and accessibility of the proposed Paddleboard Yoga program. Without full funding, the City would be unable to purchase necessary equipment, secure certified instructors, or offer the program at a reduced or no cost, creating financial barriers for low- to moderate-income participants.

If only partial funding is awarded, the number of classes, participant capacity, and outreach efforts would need to be reduced, limiting the program s overall community impact. Without CDBG funding, the program would likely be delayed or not implemented, as alternative funding sources are not currently available. Full CDBG support is essential to ensure the program is delivered safely, equitably, and in alignment with community wellness goals.

I. CONFLICT OF INTEREST QUESTIONNAIRE

Federal, State, and City law prohibits employees and public officials of the City of Rialto from participating on behalf of the City in any transaction in which they have a financial interest.

The purpose of this questionnaire is to assess potential conflicts of interest involving the applicant, applicant's staff, or applicant's Board of Directors. Additionally, please complete and sign the conflict form, Attachment A.

1. Is there any member(s) of the applicant's staff or governing body who is or has been, within one year of the date of this questionnaire, (a) a City Employee or (b) a City Councilmember?

   ■ Yes ☐ No

   If yes, please list the name(s) and information requested below:

Name of Person	Job Title	Relationship	City Department
Christian Garcia	Recreation Programmer	Self	Parks, Rec. & Comm Services

2. Will the CDBG funds requested by the applicant be used to award a subcontract to any individual(s) or business affiliate(s) who is currently or has been, within one year of the date of this questionnaire, (a) a City Employee or Consultant or (b) a City Councilmember?

   ☐ Yes ■ No

   If yes, please list the name(s) and information requested below:

Name of Person	Job Title	Relationship	City Department

3. Are there any member(s) of the applicant's staff or member(s) of the applicant's Board of Directors or other governing body who are business partners or family members of (a) a City Employee or (b) a City Councilmember?

   ☐ Yes ■ No

   If yes, please list the name(s) and information requested below:

Name of Person	Relationship	Title	If Family, Indicate Relationship

II. SIGNATURES

Authorized Signature

To the best of my knowledge, the information provided on this application is true, and I am authorized to submit this application on behalf of the applicant agency.

Christian Garcia	Recreation Programmer
Print Name	Title
Christian Garcia Digitally signed by Christian Garcia DN: DC=gov, DC=rialtoca, OU=Rialto, OU=Users, OU=Fitness, CN=Christian Garcia Reason: I am the author of this document Location: Date: 2026-02-27 16:04:22	02/27/2026
Signature	Date

Authorized Signature

I have read "Playing by the Rules: A Handbook for CDBG Subrecipients on Administrative Systems" with special attention to chapters two and five.

Christian Garcia	Recreation Programmer
Print Name	Title
Christian Garcia Digitally signed by Christian Garcia DN: DC=gov, DC=rialtoca, OU=Rialto, OU=Users, OU=Fitness, CN=Christian Garcia Reason: I am the author of this document Location: Date: 2026-02-27 16:04:48	02/27/2026
Signature	Date

Attachment A

CITY OF RIALTO

DISCLOSURES REQUIRED BY PERSONS OR ENTITIES CONTRACTING WITH THE CITY OF RIALTO*

Pursuant to City of Rialto Municipal Code Section 2.48.510, all persons or business entities supplying any goods or services to the city, or seeking a loan or grant awarded by the city, whether through an application or proposal, shall disclose in such application or proposal whether any city officer, employee, or consultant may have a financial or non-financial interest in the person or business entity, or in any member, employee, owner, or officer of the business entity.

- A financial interest shall mean any interest that is prohibited under state law, including California Government Code Sections 1090 and 87100, and California Code of Regulation Section 18700 *et seq*.
- A non-financial interest shall mean any interest that is prohibited by City of Rialto Municipal Code Section 2.48.450.

For the purpose of helping the City understand whether City personnel might have a conflict of interest in you or your organization, please disclose below whether you or any of your members, employees, paid or unpaid officers, paid or unpaid directors, or owners are (or are related to) a City elected or appointed official, a City officer, or a City employee or consultant.

Name of Your Organization's Affected Member, Employee, Paid or Unpaid Officer, Paid or Unpaid Director, or Owner	**Name of City Elected or Appointed Official, City Officer, a City Employee or Consultant**	**Relationship Between the Two**

By submitting this [application/proposal], or supplying any goods or services to the City, the [applicant/vendor/contractor/consultant] hereby attests under penalty of perjury, personally and/or on behalf of the entity [submitting this application/proposal or supplying any goods or services to the City] that no City of Rialto elected or appointed official, employee or consultant has a financial or non-financial interest, as such terms are defined in California Government Code Sections 1090 and 87100 and in City of Rialto Code of Ordinances Section 2.48.145, in the [applicant/vendor/contractor/consultant], except as specifically disclosed herein.

Name of Person/Entity: _____

Title: _____

Signature: Christian Garcia Digitally signed by Christian Garcia DN: DC=gov, DC=rialtoca, OU=Rialto, OU=Users, OU=Fitness, CN=Christian Garcia Reason: I am the author of this document Location: Date: 2026-02-27 16:05:36 Date: 02/27/2026

Form Date 11/11/2021

2.48.450 Employee conflict of interest.

(1) No covered person shall participate in the making of a grant or contract by the city in which the covered person has a conflicting interest.

(2) For purposes of this section, the following definitions shall apply:

(a) A "covered person" includes any person who holds an elected or appointed City office, a City officer, a City employee, and any person who is a consultant to the City.

(b) A "conflicting interest" includes, but is not limited to, those decisions where:

(i) A covered person holds or has held within the previous twelve months a position with a potential grant or contract recipient;

(ii) A close relative of a covered person holds or has held within the previous twelve months a position with a grant or contract recipient;

(iii) A close relative of the spouse or domestic partner of a covered person holds or has held within the previous twelve months a position with a grant or contract recipient.

(c) "Position" includes the status of a member, employee, owner, paid or unpaid officer of, paid or unpaid leadership position in, or had an ownership interest in, a grant or contract recipient.

(d) A "close relative" includes a spouse, parent, grandparent, child, grandchild, aunt, uncle, or cousin.

(e) "Participate in the making of a grant or contract" includes participation in: drafting a solicitation or contract; negotiating, voting on, approving, or executing a grant or contract; discussion of same with any city officer or employee; or attempts in any way to influence the making of a grant or contract.

(3) This prohibition shall not apply to a contract let by written competitive bid where the contract will be awarded to the person or entity who submits the lowest responsible and responsive bid.

(4) Except for the Mayor or a member of the City Council, a covered person may request a waiver of any potential conflict of interest in writing from the City Manager. Any request for such a waiver must include full disclosure of the potential conflict of interest and a statement detailing any mitigating factors. The request and the City Manager's response shall be provided to the City Council prior to any vote to approve the contract or grant, or if City Council approval is not required, at least five days before the contract or grant is approved. The request and the City Manager's response shall be considered a public record.

(5) The prohibitions in this section are in addition to any applicable federal or state conflict of interest laws, including but not limited to Government Code section 1090, and Government Code section 87100 *et seq*.

(6) Any person who violates this section is subject to the following:

(a) Public censure;

(b) If the conflict of interest was in the making of a contract, a prohibition from participation in the making of a contract by the city for a period of time up to twelve (12) months from the date of the imposition of the discipline;

(c) If the conflict of interest was in the making of a grant, a prohibition from participation in the making of a grant by the city for a period of time of up to twenty-four (24) months from the date of the imposition of the discipline;

(d) An administrative fine pursuant to Chapter 1.10 of this code.

(7) The discipline specified herein may be imposed:

(a) By the City Manager in the case of any employee or consultant who violates this section.

(b) By the City Council in the case of any person who holds an elected or appointed City office, or any City officer who violates this section.